



COACHING SKILLS FOR MANAGERS

AUDIENCE

Managers

MATERIALS (from OPP)

Participants bring their own case studies (pre-work)

AGENDA OUTLINE

- Defining the goal
- Listening – appreciating different perspectives
- Questioning – getting curious
- Feedback dialog
- Exploring options together
- Getting commitment

BENEFITS

Allows managers to learn and practice more supportive behaviors. This is balance and complement to the directive behaviors that are more often expected in a management role.

LENGTH

1 day

DELIVERY METHOD

Minimal slides – Videos
A few handouts
Facilitated with flipcharts
Interactive exercises/discussions



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